

STATS YOU SHOULD KNOW



FIREFIGHTERS ARE 6X MORE LIKELY TO DIE BY SUICIDE THAN IN THE LINE OF DUTY.



NEARLY ONE IN FOUR POLICE OFFICERS REPORT SYMPTOMS OF POST TRAUMATIC STRESS INJURY.

SHATTER THE STIGMA

This Mental Health Awareness Month, it's time to break the stigma. Culturally competent care for first responders is available and proven. Don't be a statistic.



37% OF EMTS AND PARAMEDICS CONTEMPLATE SUICIDE.

70%

REDUCTION IN TRAUMA SYMPTOMS IS POSSIBLE—WITH THE RIGHT CARE.

<https://archive.rudermanfoundation.org/study-police-officers-and-firefighters-are-more-likely-to-die-by-suicide-than-in-line-of-duty/>

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<http://bit.ly/44ATasJ>



WE'RE HERE WHEN YOU NEED US.

Contact the EAP with 24/7 Access

DEAEAP.com | 800.275.7460

This content is provided as a support resource and is not intended to replace recommendations from a physician or licensed mental health professional. Dial 911 for life threatening events.

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