



ASK THE QUESTION



View on Vimeo
<https://rb.gy/sky6k8>
or scan to view.



Watch a short video about suicide intervention.

Be direct. Ask the question. Don't hesitate.

Let them know you care.

This content is provided as a support resource and is not intended to replace recommendations from a physician or licensed mental health professional. Dial 911 for life threatening events.

We're here when you need us.

Contact the EAP with 24/7 Access

DEAEAP.com

800.275.7460

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